

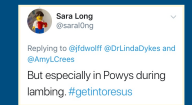


Farmer

/ˈfɑːmə/

noun

1. a person who owns or manages a farm
2. a patient whose arrival in an Emergency Department (or ambulance) causes medical professionals to turn into nervous wrecks



Joking aside... if you are treating a farmer, be careful!

- Their reputation for being physically and behaviourally tough is well deserved, and deserves the utmost respect and caution by clinicians. Even seeking medical help may be A Big Thing
- Farmers may even have some of the physiological adaptations seen in cold-water swimmers - which might account for their ability to carry on lambing or getting the harvest in whilst having an MI (and no, we aren't kidding!)
- Farmers are, sadly, a high-risk group for depression & suicide. Ask about mental health & wellbeing and consider signposting to Rural Support Groups (directory at www.yanahelp.org)

#CautionaryTales #1

